



Southdale Primary School – Termly Home Learning Overview

Term: 1 – August 2026 – October 2026

Class: P1b

Teacher: Mrs. Thomson

Homework can be found on: Seesaw Join code: individual (see class teacher)

Reading	Spelling	Numeracy
Common words found in pack supplied at parent event – weekly words will be posted on Seesaw. If you read a book to your child at bedtime perhaps you could use the questions for reading below to support your child's comprehension.	Practise saying the weekly sounds posted on Seesaw. Use the sound cards provided in pack supplied at parent event. Listen to the jolly phonics songs and letter formation rhymes. Use the attached spelling grid for some fun spelling ideas if you wish to practise the words from your spelling list.	Complete Numeracy activities/games posted on Seesaw.
Termly Health and Wellbeing Challenges		Termly UNCRC Focus questions
<u>AUGUST – INCLUDED Focus</u> Included: I have help to overcome inequalities and am accepted as part of my community where I am valued and encouraged to participate. • My Special People Draw a picture of yourself and the people who are important to you. Talk about why they make you feel included and cared for. • We All Belong Handprint Picture Create a picture using handprints from family members or friends. Decorate it and write, "We all belong." • Friendship Poster Make a poster showing ways to be a good friend, such as sharing, taking turns, listening and inviting others to play. • Everybody Can Play Invent a playground game where everyone can join in. Draw a picture and explain the rules. • My Dream Classroom Draw a classroom where everyone feels welcome and can learn. Think about what would help all children join in and succeed. • Helping Everyone Join In Look at a picture book, TV programme or your school. Draw or write about one		<u>AUGUST</u> Article 15 – I have the right to meet with friends and join groups • Why are friends important to us? • How can we make sure everyone feels welcome in a group? • What clubs, teams, or groups do you belong to, and why do you enjoy them? • How would you feel if you were left out, and what could others do to help? <u>SEPTEMBER</u> Article 12 – I have the right to be listened to and taken seriously • Why is it important for children to share their ideas and opinions? • How do you feel when someone listens carefully to what you say? • What can adults and children do to show they are listening to others? • Can you think of a time when your opinion helped make a decision?

way someone could help another person join in if they were feeling left out. • Kindness Challenge Complete three acts of kindness during the week and draw or write about what you did and how it made someone feel. • Inclusion Treasure Hunt Find examples at home, school or in your community of things that help everyone take part (e.g., ramps, picture signs, different-language books). Draw or list what you found. SEPTEMBER – SAFE Focus Safe: Ensuring children are protected from harm, abuse, or neglect, and feel secure and nurtured • People Who Keep Me Safe Draw a picture of a person who helps keep you safe and write or tell an adult how they help you. • My Trusted Adults Draw or write the names of three adults you can talk to if you feel worried, upset or unsafe. • Safety Superhero Design a safety superhero and label the ways they help children stay safe. • Playground Safety Poster Draw and label five rules that help everyone stay safe and happy in the playground. • Water Safety Picture Create a colourful picture showing two or three ways to stay safe near water. • Road Safety Challenge Draw the Green Cross Code or make a simple poster showing how to cross the road safely. • Home Safety Hunt With an adult, find five things at home that help keep your family safe (e.g., smoke alarm, stair gate, locks). Draw or list them. • Online Safety Colouring Poster Create a poster showing simple online safety rules such as asking an adult before going online and not talking to strangers. • Safe or Unsafe? Draw two pictures: one showing a safe choice and one showing an unsafe choice. Explain the difference. • My Safety Promise Write or draw three things you will do to help keep yourself safe at home, at school and in the community.	OCTOBER Article 31 – I have a right to rest, relax and play • Why is it important to have time to play and have fun? • What activities help you relax and feel happy? • How does rest help us learn, grow, and stay healthy? • How can we make sure everyone has a chance to join in games and activities?
OCTOBER – HEALTHY Focus Healthy: Supporting physical and mental health, access to healthcare, and guidance for making safe, healthy choices • My Healthy Plate Draw a picture of your favourite healthy meal and label the different foods. • Wellbeing Walk Go for a short walk with your family. Draw or write about three things you saw that made you feel happy or calm. • Things That Keep Me Healthy Draw or list activities that help keep your body and mind healthy, such as sleeping, playing outside, eating fruit and talking to people you trust. • My Feelings Rainbow Create a feelings rainbow using different colours to show different emotions. Talk with an adult about what helps you when you feel each	

emotion. • Happiness Toolbox Make a box, bag or picture of things that help you feel happy, calm or relaxed, such as reading, drawing, cuddling a pet or listening to music. • Healthy Habits Chart Keep a simple chart for one week and tick when you: • Drink water • Eat fruit or vegetables • Play or exercise • Get a good night's sleep • My Healthy Day Draw a picture timeline showing what a healthy day looks like from morning to bedtime. • Move and Groove Challenge Choose your favourite way to be active (dancing, skipping, football, cycling, walking) and draw a picture of yourself taking part. • Healthy Choices Poster Create a colourful poster showing things people can do to stay healthy and happy. • Health Helper Draw and label a picture showing how you can help a younger child stay healthy, such as washing hands, brushing teeth, drinking water and getting plenty of sleep.	
Questions for Reading - Fiction	Questions for Reading - Non Fiction
• What happened at the start of the story? • What happened in the middle of the story? • How did the story end? • Who was your favourite character? Why? • How do you think the character felt when that happened? • What made the character feel happy, sad, excited or worried? • Would you like to be friends with this character? Why or why not? • What would you do if you were the character? • Did the character make a good choice? Why do you think that? • Have you ever felt like the character? When? • Does this story remind you of another story you know? • Is this story similar to a book you have read before? • What do you think might happen next if the story continued? • If you could change the ending, what would happen? • What was your favourite part of the story? Why? • Was there a part you did not like? Why? • What made the story exciting, funny or interesting?	• Did you learn something new from this book? What was it? • What was your favourite fact? Why did you like it? • What was the most interesting thing you found out? • Was there a fact that surprised you? • Can you tell someone at home one fact you learned? • Is there anything you would still like to know about this topic? • What question would you ask an expert about this subject? • Did this book make you curious about anything else? • Were there any new words in the book? • Can you explain one new word you learned? • Which word did you find tricky? Can you find out what it means with an adult? • Did the pictures help you understand the information? How? • What was the best picture, diagram or photograph in the book? Why?

- Would you recommend this book to a friend? Why or why not?
- What would you tell a friend about this book?
- What lesson do you think the story teaches?

Challenge Questions

- If you could ask a character one question, what would you ask?
- Which character was most like you? Why?
- If you could be in the story, where would you go and what would you do?
- What was the biggest problem in the story? How was it solved?
- Can you draw and explain your favourite part of the story?

- What is one thing you will remember after reading this book?
- Would you recommend this book to a friend? Why or why not?

Challenge Questions

- If you could add a page to this book, what would it be about?
- What would you like to find out next about this topic?
- Can you think of three facts you learned from this book?
- How is this topic connected to your own life?
- What was the most important thing the book taught you?

35 HANDS-ON SPELLING ACTIVITIES

to use with any word list

Make each word with Scrabble tiles.	Make each word using short lengths of yarn.	Paint the words onto paper.	Write the words outdoors with chalk.	Make the letters of each word with your body as you spell the word aloud.
Build the words with Lego bricks.	Stamp the words onto paper with letter stamps.	Stamp the words into playdough with non-inking letter stamps.	Paint each word with a Q-tip/ cotton bud.	Make the words with letter stickers.
Spell the words aloud as you star jump - one jump for each letter.	Spell each word with letters made from chenille stems/ pipe cleaners.	Type your words on a computer.	Thread the words with letter beads.	Write each word with a stick in damp sand.
Write each word with your finger in a shallow tray of sand or salt.	Write the words on a window with a whiteboard marker.	Clap once for each letter as you spell aloud each word.	Make each word with alphabet stones.	Write your words onto paper plates and make up a jumping game.
Write your words in a fun way of your choice.	Draw a hopscotch grid, add your words. Spell each word as you play.	Spell each word aloud as you jump on the spot - one letter per bounce.	Make up a clue about each of your words and quiz a family member.	Write each letter of your words onto a craft stick. Mix them up and unjumble
Make each word with magnetic letters.	Play Hangman - choosing the words to guess from your spelling list.	Use a laser pointer or flashlight to 'write' each word on the wall.	Write each word and then make it into a picture that illustrates the word.	Spell each word aloud in a funny robot voice.
Play tic tac toe with spelling words instead of 'o' and 'x'.	Make each word from playdough or plasticene snakes.	Write your words onto two sets of cards. Play a memory game.	Write each word on your palm with the pointer finger of your writing hand.	Squeeze paint into a Ziploc bag. Seal. Write the words on the bag with your finger.



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If you would like to, you can share any photos or evidence of your home learning activities to your Seesaw page.